

Lake Harriet Community School PE Teacher Mr. DePerry

is proud to present

**Summer: Physical Education, Sports, Recreation, Fitness,
Kayaking, Bicycling, Swimming and Fishing Programs.**

A Great Summer Alternative; Brought to you by:

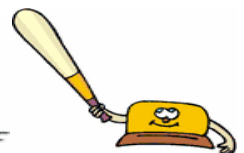
ACTIVE SOLUTIONS-PE TEACHERS ON WHEELS, LLC

We bring a variety of activity to your kids!

2010 Summer Programs

(Open to any student from any school, students that attend Minneapolis Kids programs are welcome and encouraged to attend.)

"The Minneapolis Public Schools does not sponsor, endorse or recommend the activities announced by this flyer."



PE Safari Day Camps

Physical Education, Sports, Recreation and Fitness in the Lake Harriet Community School Upper Campus Gymnasium and Outside at the Park with PE Teacher, Mr. DePerry.

These Active Solutions Day Camps are perfect for the child that needs more movement in their lives! Lessons are designed and taught by licensed Physical Education teacher Mr. DePerry to keep kids engaged in learning activities and to keep their heart rates elevated. Character building, cooperative skills, individual success and safety are all emphasized. Children will experience many different activities during each days sessions such as lifelong sport, recreation and fitness: most all individual and team sports, rope jumping, racket games, track and field, kickball, tag games, ultimate frisbee, capture the flag, frisbee golf, four square, floor hockey, bowling and many others. Teachers also incorporate math, reading, health, nutrition and wellness into their lessons. Walking field trips may include hiking, swimming and fishing (pending weather conditions and site accommodations). Please bring one very big lunch, two very big snacks (lots of food is important, students burn many calories), shorts, t-shirts, gym shoes, sweat pants/shirts, water bottle and 2 books to read. Each session, Camp #1 and Camp #2 are different; choose one of both.

Activity	Grade	Dates	Times	Course #	Fee
- PE Safari Day Camp #1	3-7	06/21-06/24	8:00AM-4:00PM	1073	\$198
Monday - Thursday (4, 8 hour sessions, 32 total hours)					
- PE Safari Day Camp #2	3-7	08/09-08/12	8:00AM-4:00PM	1074	\$198
Monday - Thursday (4, 8 hour sessions, 32 total hours)					

eXtreme Outdoor Adventure Camp

Pedal Bicycles, Paddle Kayaks, Fish and Swim with Lake Harriet Community School Upper Campus PE Teacher, Mr. DePerry. Adventurers will Explore, Fish and Swim Via Waterways and Bicycle Along Pathways Following the City Lakes and Creek: Harriet, Cedar, Brownie, Isles, Calhoun, Nokomis, Minnehaha, Mississippi and Hiawatha.

Physical Education Teacher Mr. DePerry and Active Solutions have created a 4 day eXtreme Pedal, Paddle, Fish and Swim Camp that is perfect for the child that needs more movement in their lives. The camp includes: canoeing, kayaking, fishing, swimming and on/off road bicycling; students should be proficient with basic bicycling skills. The students will learn basic paddling stroke technique, boating etiquette and water safety (no experience necessary). While at our favorite fishing holes, students will learn: proper identification and use of equipment, baiting hooks (not required), removing fish from hooks (not required), casting techniques, presentation of bait and fish identification (no fishing experience necessary). We will practice catch and release techniques and use barbless hooks. Students will fish from fishing docks, shoreline and by wading out into the water (up to their knees). All fishing equipment will be provided; students may bring their own fishing poles if they are in good working condition and they are set-up for panfish and ready to go (no big hooks please). Character building, cooperative skills, individual success, bicycle maintenance, trail etiquette and bicycle safety and general safety are all emphasized. Math, reading, health, nutrition and wellness are incorporated into the lessons. Day 1 and Day 4 (bicycling, fishing and swimming), Day 2 and Day 3 (kayaking, fishing and swimming). Please bring: bicycle (any style, in good working condition), helmet, water shoes/sandals with sling back, shorts, t-shirts, gym shoes, sweat pants/ shirts, swimsuit, towel, water bottle and one very big lunch and two very big snacks (lots of food is important, students burn many calories) in backpack. Students may bring their own Life Jacket, otherwise; all other equipment will be provided including Life Jackets.

Activity	Grade	Dates	Times	Course #	Fee
- eXtreme Outdoor Adventures	3-7	08/02-08/05	8:00AM-4:00PM	1075	\$298
Monday - Thursday (4, 8 hour sessions, 32 total hours)					

Additional Program Information

Students should register for the grade they are attending next school year, 2010-2011. Parents; our services are TAX DEDUCTIBLE and qualify for education expenses (Minnesota Revenue, K-12 Education Credit, Schedule M1ED Form). Our services may also qualify for Dependent Care Flex Spending and Work Child Care Programs. Active Solutions-PE Teachers on Wheels, LLC is fully insured and licensed in the state of Minnesota; visit us online for more information (activesolutionsforkids.com). For more information, site address and specific grouping requests contact Peter Hill at: 952-212-7290 (call or text), email activesolutions@mac.com, or visit activesolutionsforkids.com. Registrations are accepted at the door (please call to reserve roster spot). Students that attend Minneapolis Kids programs are welcome and encouraged to attend. Parents will only be notified if the class is full; assume your child is registered and that we are expecting them. Make check payable to Active Solutions, a receipt will be send via email or US Mail upon parent request. All returned check fees and a 25% processing fee will be applied to all cancelations and will be paid by the parent. Active Solutions classes that are canceled due to school district closure due weather or other circumstance will not be rescheduled and a credit will be provided which may be applied to future Active Solutions programs. Parents must provide transportation.

All classes meet in the Lake Harriet Community School Upper Campus Gymnasium to start, if weather plays a factor, classes will be held in the gymnasium and alternate activities will be played; classes will not be rescheduled.



2010 Summer Programs

Youth Registration Form and Information

Don't Miss Out! Sign up NOW! Programs Fill Quickly



Active Solutions-PE Teachers on Wheels, LLC Class Safety Procedures to ensure the safety of your child please follow these simple steps.

• When registering please provide an accessible daytime phone number. • If someone else will be picking your child up, please provide a name and accessible telephone number of that person to Active Solutions. • Please Pick up your child(ren) **on time in the Gymnasium or Main Doors** each day of class. It is your responsibility to pick up your child on time. Teachers are not required to stay past the classroom time. Fees may be assessed if late; \$1.00 per minute after 5 minutes. If you have an emergency please call Active Solutions direct at 952-212-7290 or make other arrangements for your child(ren) to be picked up on time.

Active Solution Class Behavior Procedures

To allow the teachers to teach effectively, we expect the behavior of the students to be appropriate for a learning environment. If the behavior of a student is not appropriate during classroom instruction or breaks, the instructor reserves the right to dismiss the student immediately without a refund. Parents would be informed and required to pick the child up from the class as soon as possible if this should happen.

Active Solutions-PE Teachers on Wheels, LLC, 14077 Zinran Avenue, Savage, MN, 55378
Phone: 952-212-7290 Email: activesolutions@mac.com Website: activesolutionsforkids.com
 Please complete one registration form per student (photo copy if needed).

Child's Name _____ Parent/Guardian _____

Address _____ City _____ Zip _____

Home Phone _____ Daytime/Cell _____

Email Address (for Requested Receipts, Confirmations and Mailings, please print carefully) _____

2010-2011 Grade _____ School _____ Age _____ Gender _____ Birthdate _____

I have read and agree to the Active Solutions Class Safety and Behavior Procedures.

Signature _____ Date _____

After/Before class/camp routine (please check one).

Picked up _____ Walk/Bike Home _____

Person picking child up other than parent _____ Phone _____

Does your child have any medical or other related conditions that the teacher should be aware of?

Course #	Season	Course Title	Date	Fee

Mail registration form and fee (make check payable to Active Solutions) to: Active Solutions, 14077 Zinran Avenue, Savage, MN, 55378 - **Walk-in registration to:** Lake Harriet Community School Upper Campus, PE Office, 4912 Vincent Ave. S., Minneapolis, MN, 55410 - **For more information please contact:** Active Solutions-PE Teachers on Wheels, LLC: 14077 Zinran Avenue, Savage, MN, 55378, phone or text message 952-212-7290, email activesolutions@mac.com, website activesolutionsforkids.com.

Parents must read and sign the medical consent and liability release to complete registration (STUDENTS WILL NOT BE ALLOWED TO PARTICIPATE OTHERWISE).

I/We the parent(s)/guardian(s) of (please print child's name) _____ give permission for this child to participate in Active Solutions-PE Teachers on Wheels, LLC Camps. I/We acknowledge that playing games/activities in indoor facilities and/or on outdoor grounds carries a risk of serious injury or death. In consideration for the permission to participate in the "Active Solutions-PE Teachers on Wheels, LLC" Camps, I/We hereby remise, release, and forever discharge, for I/We, my child, heirs, executors, administrators, and assigns, any and all volunteers and all other persons, firms, and corporations in any way related to "Active Solutions-PE Teachers on Wheels, LLC" from any and all claims, demands, rights, and causes of action of whatsoever kind of nature, arising from or by sequences thereof, resulting from our participation, use of services, activities, and facilities of "Active Solutions-PE Teachers on Wheels, LLC". I/We assume all the risks of hazards relating to the participation in all activities related to the camp. I/We hold harmless, waive, release and absolve and indemnify and agree to hold Peter Hill, Lowell Peterson, Active Solutions-PE Teachers on Wheels, LLC and all members of staff/employees, or any facility in which we are engaged with activity, harmless for any claim arising from any injury that occurs to my child or damage, lost, or stolen property belonging to my child. In the event my child is injured during the absence of parent(s) or legal guardian(s), I/We give permission for the person in charge to seek medical attention. I/We also agree that the Camp Staff/Employees together with Medical, Hospital and EMT personnel may carry out all treatments deemed necessary in the event of injury or illness. I/We hereby declare that I am of adult age; that I/We have carefully read the foregoing release, and know the contents thereof, that we may not participate, use the services, activities, or facilities of "Active Solutions-PE Teachers on Wheels, LLC" without signing this release and that I/We sign it as my own free act. I agree that pictures taken during program hours may be used for future promotional purposes.

Parent/Legal Guardian Signature _____ Date _____

Tuition Assistance is Available If you live in District 1 and are suffering from financial hardship, scholarships or tuition assistance is available for most classes up to two choices each camp season per family. You need to be a resident of District 1. No person will be refused because of inability to pay. The sponsor, Active Solutions-PE Teachers on Wheels, LLC will make money off of the activity.

WHAT TO BRING: Bring: Shorts, t-shirts, gym shoes, sweat pants/sweat shirts and a water bottle; all general equipment and supplies will be provided by Active Solutions-PE Teachers on Wheels, LLC. See course descriptions for specific program requests.